

## The Power Flower

The purpose of this exercise is to become aware of the unearned power that society bestows upon us by nature of birth, opportunity or connections.

Please fill out your current status, awarding yourself points according to societal benchmarks in each category stated. This is not meant to comment on the intrinsic value of each item, but to acknowledge how society would view each of them.

For Example these would be the upper limits:

Gender:	1 point for male
Race	1 point for white
Wealth	1 point for rich
Language	1 point for English
Household	1 point for 2 opposite sex parents and 1-3 natural children
Age Group	1 point for desirable 30-45 spending bracket
Class	1 point for desirable European cultural background (music, art, etc.)
Disability	1 point for no discernable disability
Religion	1 point for Christian
Education	1 point for college educated or beyond
Geography	1 point for living in the US
Sexuality	1 point for heterosexual

A lot of these categories can define a spectrum, use intervals of a quarter of a point to define gradual deviation from the mean. For example, someone who is Hispanic could claim half a point under race since they have the opportunity to be both oppressed and oppressors racially, whereas someone who was Black or Native American would put a 0 in this category.

Finally add up the points to figure out your Power Score. Any score over 6 would denote an overall power position in this society.